

# More Than Sex-Ed

## Nourishing Healthy Development Through Honest Conversation about Sex

### Facilitation vs Lecture

More Than Sex-Ed's highly trained facilitators are skilled at engaging students in the work of navigating the whole complex landscape of human sexuality. Our workshops provide accurate and age-appropriate information, and we create opportunities for participants to discuss and share their own views in a circle of peers. Our facilitations style means that, in addition to facts, youth gain experience in both articulating their values and recognizing a diversity of opinions. With sexual messages everywhere today, kids deserve real conversations about what healthy means. Our professional facilitators are dedicated to providing our students with honest, empowering, and life-saving, education in a way that encourages participation.

### CHYA and MTSE

Does your school meet the California Healthy Youth Act standards? More Than Sex Ed's program exceeds California's standards and makes a positive difference in the sexual health and relationship skills of young people.



### Sex Education Today

Think back to the sex education you may have had at some point in your life. Maybe your parent had the talk with you; maybe a P.E. teacher played an old film on the wonders of the human body; maybe you got confusing messages that portrayed sexuality as scary and dangerous. We are not your parents' sex ed program. More Than Sex-Ed's program facilitates fact-based, affirming, comprehensive, and inclusive conversations. Humans are sexual beings from birth to death and human sexuality is diverse and complex; we value the worth of each student. Our program addresses many negative sexual attitudes, behaviors, and consequences in our culture, including homophobia, misogyny, sexual harassment, sexual assault, bullying, gender bias, STIs, and unintended pregnancy. This is not always easy, but...

### What sets us apart is our approach





## Reviews

"Thank you for making me feel more comfortable about talking about bodies changing, and sex".

– Grade 6

"This class was a safe place to discuss both personal and broad topics with humor and without judgment. It was unprecedentedly informative and unbiased, and will serve as lifelong guidance for me, and I'm sure the whole group".

– Grade 12

"With all of the sexual imagery in various media and potential misinformation from peers, the internet and other random sources out there, I wanted my kids to have a solid foundation, not only in the physical aspects of sexuality but the mental and emotional aspects. This course has been such a positive experience for my kids. What a gift to be able to give them that knowledge and support".

–Parent

Thanks to this program, we are sending our young people to high school with a thorough understanding of not just anatomy and reproduction, but relationships, emotion, diversity and acceptance of human sexuality in its myriad forms."

– Holly Novick, Head of School

The Country School  
Studio City, CA

## We possess unique assets that facilitate healthy conversations about sexuality and relationships!

### 1. Maximum Compliance to Policy Standards & Best Practices:

Unlike many other sex education programs, ours exceeds California Healthy Youth Act requirements, the strictest sex education mandates in the nation. Our curricula is firmly grounded in the National Sexuality Education Standards, as well as the national guidelines developed by the Sexuality Education Task Force.

**2. Dynamic Instruction Model:** Instead of a traditional lecture style, we utilize a dynamic model in which two facilitators deliver content by modeling active communication and interaction for students to observe healthy behaviors and practices. Grounded in social learning theory, this helps youth develop self-efficacy by exploring and communicating values before finding themselves in sexually-charged situations.

**3. Large Network of Trusted Partners:** In the seven years since our founding, we've built a strong roster of connections within Los Angeles County. After witnessing the impact of our programming, many partners become strong advocates of our work, referring us to peers. As a result of our partnerships, we are skilled at navigating the complexity of Los Angeles County's educational system, school districts, bureaucracies, and social services.

**4. Professionalizing Our Craft:** Sex education often relies on volunteers or interns, but we take the role of facilitator very seriously. Our facilitators are highly-trained, paid professionals who guarantee students and parents get the quality education they deserve. While we deeply value volunteers, we never put them in front of a classroom. This is highly sophisticated, challenging work that deserves compensation.



Contact us to schedule a conversation to discuss the options for sex-ed at your school.  
[info@MoreThanSex-Ed.org](mailto:info@MoreThanSex-Ed.org)

We always customize our programs to meet the needs of each client.